MS Get a Head Start

The Ultimate MS Mobility Course

A one-day, immersive professional development course blends cutting-edge research, practical demonstrations, and real-world strategies to help you confidently assess, treat, and empower people with Multiple Sclerosis.

18th April 2027

Hobbs Rehabilitation, Bridgetts Ln, Martyr Worthy, Winchester SO21 1AR, United Kingdom

$450NZD

* Fixed cost in NZ dollars, currency converts to approximately £200 pounds
**Discounted bundle package available

Grounded in research.
Proven in practice.

Why attend?

Master gait analysis: learn a systematic approach to identifying impairments and prescribing targeted interventions

Prescribe with precision: understand the optimum exercise guidelines across EDSS levels and how to apply them safely and effectively

Real demonstrations: watch expert clinician Gilly Davy assess and treat clients at different stages of MS. Then apply what you've learned in group discussions & practical sessions

Clinical reasoning tools: use our one-page assessment form and outcome measures to streamline your decision-making & documentation

Fatigue & heat sensitivity management: discover strategies like pre-cooling, interval training, and rest scheduling to optimise performance and reduce symptom exacerbation

Confidence & clarity: leave with a renewed sense of purpose, a toolkit of practical techniques, and the confidence to push your clients to their potential

Includes:

- **pre-course webinar**
- **pre-reading material**
- **printed course manual**
- **certificate of completion**
- **access to MS-GHS resources**

For more information & to book your place visit

www.ms-ghs.com

Multiple Sclerosis New Zealand

Queensland